Recent research on ELT teacher development shows that reflective practice (RP) based on video-recordings of EFL classroom interaction has positive outcomes for teacher development (Walsh 2006; Seedhouse 2008; Sert 2015). Such findings also highlight the importance of video-recordings and reflective practice for teacher researchers in action (Dikilitaş, Smith and Trotman 2015). The idea of teachers’ reflecting on the recordings of their classes has been around for a long time, yet, practical technological tools that could enhance this process have been limited. This workshop introduces a mobile application technology, VEO, a video tagging observation tool for continuous professional development. VEO combines rich qualitative video with quantifiable tag data and allows teachers, mentors, and observers to jump to key moments for convenient review and analysis. The workshop will introduce language teaching related tags, including foci on teacher questions, L1 use in class, and feedback practices. A discussion will follow on the practical aspects of integrating this tool into action research and continuous professional development. The participants are encouraged to bring their IPads to try out the app during the workshop.